

## Investment

**The program will run** for six sessions in total, 3 days a week over a two week period during the school holidays. Sessions will be 90 minutes in length. Session dates and times will be confirmed at the time of booking. **Families need to commit to the whole program to secure a place.**

This program may be accessed under NDIA funding. Please discuss this with your therapist to see if it meets your child's NDIA goals and if you have funding available. Group programs are charged at a lower rate than individual sessions making them a cost effective option.

**Dates and costs will be confirmed at time of booking.**

### Can I get a refund for missed sessions?

Refunds are not possible for missed sessions as therapists will still be in attendance. We would appreciate notice if your child is unable to attend. Cancellation policy applies.



## How to book

### Getting started is easy!

Just speak to your Talking Matters therapist or call our office to register your interest.

**Children who are not currently working with a therapist at Talking Matters** will need to attend an extra 30 minute session along with their parent/s so we can determine if the group would be suitable to meet their needs. The standard therapy fee will apply.

### Can I bring my other children?

In order for all children to get the most from the sessions, siblings will not be included in the group sessions. Siblings are welcome to play in the waiting area with the parent, grandparent or career.

**Check our website for pricing, dates and location of our next group**



## Talking Matters



238 Midway Road, Elizabeth Downs SA 5113

Phone: 8255 7137

Fax: 8219 0128

Email: [office@talkingmatters.com.au](mailto:office@talkingmatters.com.au)

[www.talkingmatters.com.au](http://www.talkingmatters.com.au)

# Talking Matters

## Motor Skills School Holiday Group Program



*A structured, skills-based group program for children aged four years and over.*

*Group sessions to help children develop their gross and fine motor skills.*

## About the program

**Motor skills are complex skills** and involve motor planning, body awareness, coordination of both lower and upper limbs, eye hand coordination and postural stability.

**This skills-based, practical group** aims to meet children's individualised focus areas. The group consists of four to five children, supported by an occupational therapist (OT) and an assistant.

### What can parents do to help?

Parents are involved by supporting children to practice these new skills at home and other environments. This will ensure that children will master and maintain these new skills.



## Aims of the program

**During the group, my child may work on:**

- Aiming and catching skills
- Balancing skills
- Kicking skills
- Postural stability
- Strengthening
- Eye hand coordination
- Pencil skills
- Using tools such as scissors

Children will be encouraged to wear sneakers to engage in these skills safely.



## Is this service for me?

**This program is designed for children who:**

- Are over the age of four years
- Need supports for gross motor skills such as sports, PE and at the playground
- And/or with fine motor skills such as using pencils, scissors and activities such as puzzles, threading and crafts.

**What written information will I receive?** As this is a group therapy program rather than an individual program, there will not be individual written reports provided. Information will be provided to help parents support skill development at home.

**Parents can talk to us** after sessions or at other times by email or a message at reception if needed.

**Please respect the privacy of others involved in the program and understand that therapists cannot share information about other children or families.**

## Talking Matters



*Helping your  
child reach their  
potential*