Talking Matters

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Goal: To develop single words

Most children begin to use single words to communicate between the ages of 12 and 18 months but children with speech and/or language delays and disorders can be later. Here are some ideas to help your child develop a basic vocabulary of single words.

- 1. Name common objects around the home for your child. Encourage any attempts by him/her to copy the word. Encourage him/her to watch your face as you name the object.
- 2. Name pictures in simple picture books.
- 3. Play games with objects as you name them. Hide them under a tea towel, in a pillow case or behind your back and "find" them.
- 4. Imitate sounds made by objects and encourage your child to do so too. For example, the microwave, the doorbell, the car horn, the vacuum cleaner etc. Talk about animal noises also eg: "Here's a cow, it goes moo". Try to use speech sounds when you make the noise of different objects and animals, e.g. a pig goes oink, oink, (not nasal snorts).
- 5. Emphasise short one syllable words, particularly with b, p, m. t, d, n sounds as these are easiest for a young child.
- 6. Use <u>reinforcement</u>. Reinforcement is something which occurs after an act to make it happen more often. A drink reinforces asking for one. Praise, hugs and smiles are good reinforces for attempting to talk. They make your child more likely to try again. Give your child reinforcement even when you are not quite sure whether your child said a word or not. We want to encourage her to try.
- 7. Talk to your child all the time about what's happening around him, in short simple sentences.
- 8. Continue to encourage your child to communicate by responding to his communication attempts using noises, words, pointing or gestures. Continue to feed these back verbally, by repeating what you understand he means.









































































